



Piper Shores



May 2016

Independent Living Activities

Where in the World is Jim Adamowicz?
 April & May Featured Country France
Look for the activities in red!
 May is Health & Wellness Month
Look for the activities in green!

Deadline for the June 2016 Issue of THE LOG is Friday, May 27, 2016. Please submit items via THE LOG mailbox or to piper shoreslog@gmail.com.

ABBREVIATION LEGEND: DR = Dining Room DRP = Dining Room Parlor FR = Founders Room GP = Garden Patio GR = Green Room GTR = Great Room GMRI = Gulf of Maine Research Institute HCAR = Health Center Activity Room KL1 = 1st Floor Kirkwood Lounge OOB = Old Orchard Beach PDR = Private Dining Room UNE = University of New England

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p><u>12:30pm & 1:30pm</u> Transportation to PSO Classical Concert: <u>Beethoven's Fifth</u></p> <p>2pm & 5pm GR Weekend Movie: Room</p>	<p>2</p> <p>11am <u>Drive & Dine: Lunch at TIQA in Portland</u></p>	<p>3</p> <p>10:30am MR The Great Courses: <u>How To Listen To and Understand Great Music</u>, Lectures 7 & 8</p> <p><u>5:30pm & 6:30pm</u> Transportation to PSO Classical Concert: <u>Beethoven's Fifth</u></p>	<p>4</p> <p>3pm & 7:30pm GR Resident Choice Movie</p>	<p>5</p> <p>4pm GTR Cinco de Mayo Party</p>	<p>6</p> <p>11am GR The Great Courses <u>Science and Religion</u>, Lectures 9 & 10</p> <p>2pm FR Origami Brain Fitness with UNE Students</p> <p>4pm & 7:30pm GR Weekend Movie: <u>Creed</u></p> <p>4:30pm <u>Transportation to First Friday Art Walk</u></p> <p>7pm Café Trivia Night</p>	<p>7</p> <p>2pm <u>Transportation to Portland Ovation's Ying Quartet</u></p> <p>3pm & 7:30pm GR Weekend Movie: <u>Creed</u></p> <p>5pm DRP Scarborough Students in Prom Attire</p> <p>6pm FR Kentucky Derby Party and Hat Contest</p>
<p>8</p> <p>1pm <u>Transportation to Portland Stage Company: <u>They Don't Pay? We Won't Pay</u></u></p> <p>2pm & 5pm GR Weekend Movie: <u>Creed</u></p>	<p>9</p> <p>3:30pm FR Adventures in Maine History Lecture Series: <u>Maine Political History Presented by Mert Henry</u></p>	<p>10</p> <p>10:30am <u>Day Trip to Freeport, Resident Choice of Location</u></p> <p>10:30am MR The Great Courses <u>How To Listen To and Understand Great Music</u>, Lectures 9 & 10</p> <p>3pm FR DVD Viewing of <u>Quartet</u> Sponsored by the Piper Shores Library</p>	<p>11</p> <p>3:30pm FR Wellness Lecture: <u>Legal Aspects of End of Life Arrangements</u>, Presented by <u>Susan Thomas, Esq.</u></p> <p>3pm & 7:30pm GR Resident Choice Movie</p>	<p>12</p> <p>3:30pm FR Lecture: <u>Revolution on the Hudson: New York City and the Hudson River Valley in the American War of Independence</u> Presented by George Daughan, Naval Historian</p> <p>6pm Lecture at the GMRI: <u>Mayday: Crisis in the World's Oceans Presented by Colin Woodard</u></p>	<p>13</p> <p>11am GR The Great Courses <u>Science and Religion</u>, Lectures 11 & 12</p> <p>1pm GP Resident & Staff Garden Planting Project</p> <p>4pm & 7:30pm GR Weekend Movie: <u>The Danish Girl</u></p>	<p>14</p> <p>11am <u>Day Trip to Downtown Portland or South Portland Millcreek Area, Resident Choice of Location</u></p> <p>2:30pm <u>Mini Golf at Pirate's Cove in OOB and Dinner at Ken's Seafood</u></p> <p>3pm & 7:30pm GR Weekend Movie: <u>The Danish Girl</u></p>
<p>15</p> <p>2pm & 5pm GR Weekend Movie: <u>The Danish Girl</u></p>	<p>16</p> <p>10:30am KL1 Women's Discussion Group</p> <p>2pm FR Lecture: <u>Immigrants: Burden or Blessing?</u> Presented by Reza Jalali and Sponsored by the Diversity Group</p>	<p>17</p> <p>9:30am <u>Day Trip to the Ogunquit Museum of American Art and Lunch</u></p> <p>10:30am PDR Resident Council</p> <p>10:30am MR The Great Courses: <u>How To Listen To and Understand Great Music</u>, Lectures 11 & 12</p>	<p>18</p> <p>10:30am FR Kazan No Ryu Present a Martial Arts Demonstration: <u>Body and Mind</u></p> <p>3pm FR Arbor Week Celebration</p> <p>3pm & 7:30pm GR Resident Choice Movie</p>	<p>19</p> <p>11am FR Drumming for Brain Fitness with Sarah MacColl</p> <p>2:30pm DR Piper Shores Chef Cook-Off and Wine & Cheese Social</p>	<p>20</p> <p>11am FR The Great Courses: <u>Experiencing Hubble: Understanding the Greatest Images of the Universe</u> Lectures 1 & 2</p> <p>3pm GTR A Spring Nature Walk Led by Aileen Crawford & Ann Hancock of the Scarborough Land Trust</p> <p>4pm & 7:30pm GR Weekend Movie: <u>Gilda</u></p>	<p>21</p> <p>2pm <u>Day Trip to the Bates College Museum of Art and Dinner at Fuel in Lewiston</u></p> <p>3pm & 7:30pm GR Weekend Movie: <u>Gilda</u></p>
<p>22</p> <p>2pm & 5pm GR Weekend Movie: <u>Gilda</u></p> <p>2:30pm <u>Transportation to The Rossini Club Concert at St. Luke's Cathedral</u></p>	<p>23</p> <p>10am GTR Resident & Staff Exhibit: <u>Mementos of France</u></p> <p>10:30am FR Tea with Tara</p> <p>6pm <u>Transportation to Maine Charitable Association Travelogue: Newfoundland</u></p>	<p>24</p> <p>10:30am FR Piper Personalities: Dick Springer</p> <p>10:30am MR The Great Courses: <u>How To Listen To and Understand Great Music</u>, Lectures 13 & 14</p>	<p>25</p> <p>10am GP Highland Avenue Greenhouse Farm Stand</p> <p>3pm & 7:30pm GR Resident Choice Movie</p> <p>4:30pm <u>Transportation to the Portland Public Library to View "Art of the Hand-Pulled Print" Followed by a Panel Discussion</u></p>	<p>26</p> <p>10am FR Resident Association Meeting</p> <p>11am FR Drake Lane Resident Meeting</p> <p>3:30pm GTR Farewell Party for Anne Cowles, Fitness Instructor</p>	<p>27</p> <p>11am FR The Great Courses: <u>Experiencing Hubble: Understanding the Greatest Images of the Universe</u> Lectures 3 & 4</p> <p>12pm <u>Transportation to the Maine Mall Area for Shopping</u></p> <p>4pm & 7:30pm GR Weekend Movie: <u>Spotlight</u></p>	<p>28</p> <p>9am <u>Local Nursery Trip: Broadway Gardens & O'Donal's Nursery</u></p> <p>3pm & 7:30pm GR Weekend Movie: <u>Spotlight</u></p>
<p>29</p> <p>2pm & 5pm GR Weekend Movie: <u>Spotlight</u></p>	<p>30</p> <p>11:30am GP & FR Memorial Day BBQ</p> <p>4pm GTR Perennial Walk by Piper Shores Residents</p>	<p>31</p> <p>10:30am MR The Great Courses: <u>How To Listen To and Understand Great Music</u>, Lectures 15 & 16</p> <p>3:30pm FR <u>A Light-hearted Look at France Presented by Joanne Booth & Richard Ellis</u></p>	<p>1</p> <p>3pm & 7:30pm GR Resident Choice Movie</p> <p>7pm GP S'mores Night</p>	<p>2</p> <p>3:30pm FR Wellness Lecture: <u>Lyme and Vector Borne Diseases</u>, Presented by Charles Lubelczyk, Field Biologist</p>	<p>3</p> <p>11am FR The Great Courses: <u>Experiencing Hubble: Understanding the Greatest Images of the Universe</u> Lectures 5 & 6</p> <p>4pm & 7:30pm GR Weekend Movie: <u>Jurassic World</u></p>	<p>4</p> <p>3pm & 7:30pm GR Weekend Movie: <u>Jurassic World</u></p>

Note: ALL underlined activities require sign-up in the Activity Book.
 For more information, please contact Tara Cloutier, Life Enrichment Manager at 510-5206.



May 2016

Piper Shores

Shopping Transportation Schedule

Monday, Tuesday and Friday AM: 9:30am Departure

Monday, Tuesday and Friday PM: 1:30pm & 2:15pm Departure

Monday AM: May 2	Walmart Area	Friday AM: May 6	Oak Hill Hannaford Area
Monday AM: May 9	Trader Joe's / Whole Foods	Friday AM: May 13	Target & Shaw's Area
Monday AM: May 16	Walmart Area	Friday AM: May 20	Oak Hill Hannaford Area
Monday AM: May 23	Trader Joe's / Whole Foods	Friday AM: May 27	Walmart & Shaw's Area

Monday PM: May 2	Oak Hill Hannaford Area	Friday PM: May 6	Oak Hill Hannaford Area
Monday PM: May 9	Oak Hill Hannaford Area	Friday PM: May 13	Oak Hill Hannaford Area
Monday PM: May 16	Oak Hill Hannaford Area	Friday PM: May 20	Oak Hill Hannaford Area
Monday PM: May 23	Oak Hill Hannaford Area	Friday PM: May 27	Oak Hill Hannaford Area

Special Shopping Due to Memorial Day - **TUESDAY, May 31**

Tuesday AM: Walmart Area Tuesday PM: Oak Hill Hannaford Area

Medical Appointment Transportation

Transportation provided on Tuesdays, Wednesdays & Thursdays between the hours of 8:00am (1st departure from Piper Shores) & 3:30pm (last pick-up from medical facility)

Tuesday, Wednesday & Thursday Destinations:

Scarborough, So. Portland, Cape Elizabeth, Saco, Biddeford, Old Orchard Beach & Gorham
Portland, Westbrook & Falmouth

Please submit completed medical transportation requests to the receptionist 48 hours in advance of the appointment date to allow for the scheduling of drivers and transportation.

Fee-for-Service Transportation

This service is offered Monday through Saturday and requires 48 hours advance notice in order to schedule a vehicle and driver.

Further details are available on the Fee-for-Service Reservation Request Form in the Transportation Book.

Religious Service Transportation

First four Sundays of every month

May 1	St. Nicholas, Scarborough	LPS 8:45am	RPS 11:00am
May 8	State Street Church, Portland	LPS 9:15am	RPS 11:15am
	St. Luke's Cathedral, Portland	LPS 9:15am	RPS 11:15am
	First Parish Church, Portland	LPS 9:15am	RPS 11:20am
May 15	Thornton Heights United Methodist Church	LPS 9:00am	RPS 11:30am
	First Congregational Church, United Church of Christ	LPS 9:00am	RPS 11:30am
May 22	State Street Church, Portland	LPS 9:15am	RPS 11:15am
	St. Luke's Cathedral, Portland	LPS 9:15am	RPS 11:15am
	First Parish Church, Portland	LPS 9:15am	RPS 11:20am

Shopping, fee-for-service, medical & religious transportation sign-up sheets & request forms are located in the Transportation Book.

