  

***Assisted Living Activities May 2016***

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| **1****10:00AM**Sunday Catholic Church Service**2:00PM**Card Game**3:30PM**Jazz Music with Ocean Sol | **2****11:30AM** Exercise**1:30PM**Knitting Group**2:00PM**AL Book Club**3:30PM**Harp Concert:“Judy Saiki” | **3****10:00AM (HC)**A Service of Hymns & Prayers**11:30AM**Sit & Fit**2:00PM**Afternoon Social **3:30PM**Art Class  |  **4****9:30AM (HC)**Morning Prayer**1:00PM**Bus Outing:Sunflower Farm Creameryhttp://tse1.mm.bing.net/th?&id=OIP.Mbc50387c4f42bb3881d69ff0497f0ecao0&w=300&h=187&c=0&pid=1.9&rs=0&p=0&r=0 | **5****10:00AM (HC)**Ascension Day Mass**11:30AM**Exercise**2:00PM (HC)**On the Road with Gabby & Paula**4:00PM (IL)**Cinco De Mayo Celebration |  6**10:00AM**Current events**2:00PM**Crossword Puzzle**3:30PM** Country Music with Glen Bryant | **7** **10:00AM (HC)**Current Events**10:30AM (HC)**Bingo**2:00PM**Individual Visits**3:30PM**UNO Card Game |
| **8** **10:00AM**Sunday Catholic Church Service**10:30AM (AL)**Violin Music with Andy Happel http://tse3.mm.bing.net/th?id=OIP.M479c0754b7aafad93ce356a8d359cdd4o0&w=222&h=164&c=7&rs=1&qlt=90&o=4&pid=1.1 |  **9****11:30AM**Exercise**1:30PM**Knitting Group**2:00PM**AL Book Club**3:30PM**Folk Music with Sharon Wright | **10****10:00AM (HC)**A Service of Hymns & Prayers**11:30AM**Sit & Fit**2:00PM**Afternoon Social **3:30PM** Art Class | **11** **10:00AM**Current Events**1:00PM**Bus outing:Bowdoin College Art Museumhttps://www.bowdoin.edu/news/archives/images/museumandpavilionsfw.jpg | **12** **10:00AM (HC)**Spring Olympics**10:45AM**Sit and Fit**2:00PM**On the Road with Gabby & Paula**4:00PM** Zumba | **13** **9:30AM**Daily Horoscope**10:00AM (HC)**Art Class with Heidi**2:00PM**Crossword Puzzle **3:30PM**Humor Group | **14** **10:00AM** Bingo**2:00PM**Individual Visits**3:30PM** Piano Music with David Stone |
|  **15** **10:00AM**Sunday Catholic Church Service**10:30AM**City Theater:Murder at the Howard Johnsonhttp://farm6.static.flickr.com/5211/5533878102_f991f0685d_o.jpg**3:30PM**St. Albans Church service | **16** **11:30AM**Exercise**1:30PM**Knitting Group**2:00PM** AL Book Club**3:30PM (HC)**On the Road with Gabby & Paula |  **17****10:00AM (HC)**A Service of Hymns & Prayers**11:30AM**Sit & Fit**2:00PM**Afternoon Social **3:30PM** Art Class |  **18****9:30AM (HC)**Morning Prayer**1:00PM** Bus Outing:Countryside Tourhttp://tse1.mm.bing.net/th?id=OIP.M8b4da88b88c62ae7a861512e42409605o0&w=265&h=176&c=7&rs=1&qlt=90&o=4&pid=1.1 | **19****10:00AM**Current Events & Morning Trivia**11:30AM**Exercise**2:30PM**Piper ShoresChef Cook Off | **20****10:00AM** Bingo**2:00PM** Individual Visits**3:30PM**Guitar music with Chris Heard | **21** **10:00AM** Bingo**2:00PM**Individual Visits**3:00PM**  Movie Presentation:**Roman Holiday** Gregory Peck & Audrey Hepburn |
| **22****10:00AM**Sunday Catholic Church Service**11:30AM****2:00PM** Card Game**3:30PM**Movie Presentation:Shirley Temple“Curley Top” | **23** **10:00AM**Art Class with Heidi**2:00PM** Individual Visits**3:30PM** Root Beer Floats |  **24** **10:00AM (HC)**A Service of Hymns & Prayers**11:30AM**Sit & Fit**2:00PM**Afternoon Social **3:30PM (HC)**Guitar Music with Ben KilCollins |  **25****1:00PM**Bus outing:Old Orchard Beachhttp://tse1.mm.bing.net/th?&id=OIP.Me04fbccde714f07004811b36f7cabcc9o0&w=299&h=199&c=0&pid=1.9&rs=0&p=0&r=0 | **26****11:30AM**Exercise**2:00PM (HC)**Humor Group**4:00PM** Zumba |  **27** **10:00AM**  Current Events**10:30AM**Bingo**2:00PM** Individual Visits**3:30PM** Sing- A- Long with Flash Allen | **28****10:00AM (HC)**Bingo**2:00PM**Individual Visits**3:30PM (HC)**Piano Music withMichael Bealing |
| **29** **10:00AM (HC)** Sunday Catholic Church Service**2:00PM**Card Game**3:30PM (HC)**Jazz Piano Music with Bess | **30****10:00AM**Current Events**10:30AM** Jazz music with Pete, Per & Idgyhttp://tse1.mm.bing.net/th?&id=OIP.Md4f4208a62e5b70a25b02ff3a7a0a51aH0&w=297&h=297&c=0&pid=1.9&rs=0&p=0&r=0 | **31****10:00AM (HC)**A Service of hymns and Prayers**11:30AM**Sit & Fit**2:00PM**Afternoon Social **3:30PM**Art Class |  |  | **ABBREVIATION LEGEND****HC =** Health Center**AL** = Assisted Living**IL** =Independent Livingwheelchair logo**eho_logo** | **All events listed on this calendar take place in the Health Center Activity Room, unless otherwise specified. Please****See the Abbreviation Legend for a list of alternate locations.** |